

**ALBNL CONTINUING EDUCATION PROGRAM (CEP)**
**Self-Directed Activities and Allocation Chart**

The following categories of learning activities are eligible for Self-Directed Learning Hours under the ALBNL's CEP. For a Transcript Audit, License Holders and Intern Architects shall keep documentation for a period of two years after completion of the learning activity and shall submit such documentation to the ALBNL upon request. License Holders must complete the maximum hours noted below and Intern Architects must complete 50% of the maximum hours.

<b>Self-Directed Categories</b>	<b>Description</b>	<b>Maximum Hours allowed per 2-Yr Cycle</b>
Committee Meetings	Attendance at meetings of an organized group, of which the mandate / activities relate to the conducting of the business of the practice of architecture. May include: ALBNL-NLAA Task Force/Group, Professional Organization, Community Committee - No service groups - Association Meetings /Committees.	25
Course / Workshops	An organized and structured session dealing with a specific matter or topic related to business or architecture. May include: Workshop, Lecture, Seminar, Session, College or University Course – including distance learning.	45
Discussion Groups	An organized group of individuals who have gathered to discuss a specific topic, matter or issue which is intended to support or advance the practice of architecture by the participants. May include Lunch and Learn, Focus Groups, Guest Speakers, Facilitated Discussion.	25
ALBNL-NLAA Committees	A Committee which is appointed by the Board or Council by virtue of the Architects Act, Regulation, By-Laws, and which has an ongoing and sustained mandate established by the ALBNL-NLAA.	30
ALBNL-NLAA	Elected as a Board member and Council member.	30
Practical Research	Research that is conducted by the individual for the purpose of expanding the individual's own knowledge of a specific matter related to business or architecture and which is expected to support or advance the practice of architecture by that individual.	25
Presentations And Teaching	Preparation and formal delivery of information, instruction and/ or training which represents a learning opportunity for the audience and is related to business or architecture but which does not meet the criteria of a Core topic category.	30

Professional Tour	An organized and guided tour which will support or advance the practice of architecture by participants.	15
Professional Writing	A body of writing that has been prepared by the individual which is connected to the practice of architecture, and which is shared with others through publication for the purpose of educating or informing others, but which does not meet the criteria of a Core topic category.	30
Multimedia	Listening to audio books and podcasts, watching documentaries and videos, reading of books, periodicals, or journals related to the business or practice of Architecture.	15
Scholarly Research	Research that is conducted by the individual for the purpose of advancing information and knowledge generally of a specific matter related to business or architecture and which will be used to educate or inform others, for example, through publication, but which does not meet the criteria of a Core topic category.	45
Conferences Trade Shows	An organized and structured event attended by an individual dealing with a specific topic related to architecture, but which does not meet the criteria of a Core topic category.	45
Mentoring	Syllabus Program Mentoring, IAP program mentoring, ITP mentoring.	30